



## Seeking Nominations for our Board of Directors

Living in a community with poor *social determinants of health* means shorter, unhealthier lives for low-income families. Marin City Health & Wellness Center (MCHWC) was founded in 2006 by a grassroots effort to provide accessible healthcare for residents of Marin City. We now serve the general public. In 2016 we opened two new sites: a clinic in San Francisco's Bayview Hunters Point neighborhood and Marin County's first freestanding birth center in San Rafael.

Our mission is to provide innovative health and wellness services to all, with the goal of African American health equity. Over the past 12 months we provided care through 13,816 patient visits – a 22% increase over a year ago. We are experiencing exciting growth in services, staff and funding.

MCHWC is looking for leaders who believe in the power of community healthcare to serve on our governing Board of Directors for four clinic sites. Board members play a critical role in expanding our capacity and fundraising for capital projects and preventative health programs.

## Social Determinants of Health

*Social determinants of health* are conditions in the environments where people are born, live, learn, work, play, worship and age that broadly affect health and quality-of-life. In affluent, mostly white Marin County, 80% of African Americans are marginalized – geographically isolated in unincorporated Marin City or institutionalized in San Quentin.

## Our Services

As a Federally Qualified Health Center (FQHC), we provide primary medical, dental and behavioral (mental) health care, including maternal and perinatal care. Our Medication Assisted Treatment (MAT) program offers recovery and homelessness services. We empower individuals for lifelong self-care through health education, Park Rx activities, chronic disease management, chiropractic and acupuncture, and youth programs.

More information on our services can be found at [www.marincityclinic.org](http://www.marincityclinic.org).

## How to Apply

To nominate yourself or someone you know as a MCHWC board candidate, please contact Nicole Johnson, assistant to the CEO, at [Nicole@marincityclinic.org](mailto:Nicole@marincityclinic.org) or 415.579.0077.